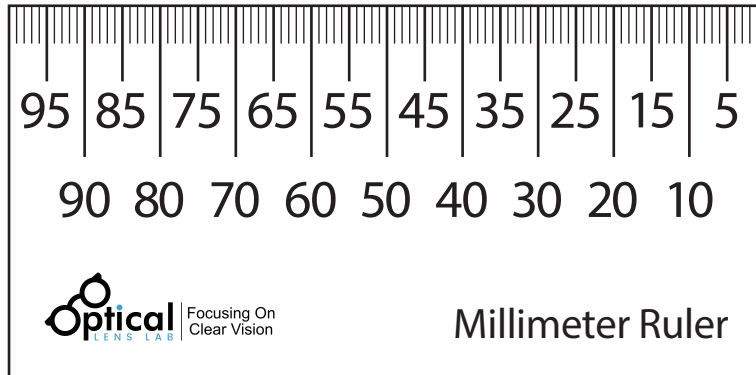


# Millimeter Ruler to Measure PD (Pupillary Distance)

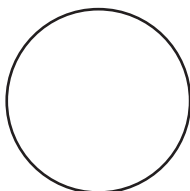


Align this edge with the center of your left pupil.



## Instructions to Print at Actual Size

1. In the pdf print dialog box, look for **Page Sizing and Handling**.
2. Within **Size**, look for and select **Actual Size**.



You will know if you've printed the ruler at actual size if a quarter fits in this circle.